

Chevreul's Pendulum - Test of Concentration (a permissive test)

This test is named after an early French hypnotist. It is an excellent initial test because it is successful with most clients and is non-threatening. It is an especially good test for children.

Illustrate Pendulum and Chart

Demonstrate

Significance of Client's Response

Positive response – pendulum moves exactly in the direction the suggestion indicates.

Negative response – the pendulum doesn't move, which indicates extreme resistance, or, the pendulum moves in a different direction from the one suggested, which indicates a potential "mismatcher." (This is someone who tends to do the opposite of what is suggested, so it is an important fact to note!)

Name five suggest tests for test