

**SUGGESTIBILITY TEST ONE**

**Chevreul's Pendulum - Test of Concentration (a permissive test)**

This test is named after an early French hypnotist. It is an excellent initial test because it is successful with most clients and is non-threatening. It is an especially good test for children.

**Illustrate Pendulum and Chart**

*Demonstrate*

**Significance of Client's Response**

Positive response – pendulum moves exactly in the direction the suggestion indicates.

Negative response – the pendulum doesn't move, which indicates extreme resistance; or, the pendulum moves in a different direction from the one suggested, which indicates a potential "mismatcher" (This is someone who tends to do the opposite of what is suggested, so it is an important fact to note!)

Name five suggest tests for test