

SUGGESTIBILITY TEST TWO

Arms Rising and Falling Test – Test of Imagination (a permissive test)

This test is probably the most important of the suggestibility tests; imagination is the most potent force in hypnosis. It is the most widely used in an office setting and it is suggested you become expert in its application.

Demonstrate – (Read script next page)

Significance of Client's Responses

Positive response – arms move in a slow and rhythmic manner, which indicates good hypnotic movement.

Negative response – a rapid movement of arms in an upward or downward direction would indicate faking by the client or trying to please the hypnotist. No movement at all would indicate extreme resistance. Sometimes a client's hands will end up in the opposite direction, which suggests "overcompensation."