

Regression

The detective work to find the cause

Take Client to Somnambulism – the deeper the better

Use Elman plus deepeners – ideally Beach and A to B to C

Go to (Positive) Feeling

Count it up with feeling 1 to 5

Say to Client ‘Count of Three – Be there’

Inside or Outside?

By yourself or with Others?

Day time or Night time ?

When I tap you on the forehead a number comes – the age of the Experiencer

Then ask Does this seem to be an Old Friend or a New feeling?