

Influence of Physical Condition

1. Pain or physical discomfort of any kind is a hindrance.
2. Physical exhaustion tends to produce natural sleep.
3. Intoxication definitely unfavorable.
4. Influence of drugs undesirable – controversial matter.

Influence of the Emotions

1. Respect for the hypnotist is a favorable influence—(Fascination, awe).
2. Client are impressed by seeing others hypnotized.
(demonstrations).
3. Confidence, prestige of the hypnotist are favorable influences.
4. Anger, irritability, distrust, hate – unfavorable.