

AVOID POSSIBLE PHYSICAL INJURY TO CLIENTS

Induce catalepsy gradually. Never suggest full body catalepsy with weights placed on the body. It is very dangerous, and could result in ruptures, or permanent body injury.

Whatever is a source of danger in the waking state could be a source of danger in the hypnotic state.

There is no truth to the myth that hypnotized people can withstand intense heat/flame. Flesh will burn!

Hypnosis does not give clients abilities (physical) that they do not possess.

AVOID SUDDEN SHOCKS TO CLIENTS

1. Avoid sudden announcements of anything disturbing (like someone died, or was seriously injured).
2. Never, under hypnosis, change client's emotions suddenly, as some stage hypnotists do for entertainment.

PRINCIPAL CAUTIONS**Cardiac Cases**

Hypnosis will not cause a heart attack. However, in dealing with a cardiac patient, use common sense. Don't work with client who is still being treated medically, or has recently had heart surgery or a heart attack.

Consider medical referral, even if cardiac condition is controlled or stabilized.

Hysterical Clients

Signs to look for:

Client's head begins a slow rhythmic circular motion in hypnosis, or he/she has sudden inappropriate laughter or uncontrollable crying. This must be dealt with immediately since it could lead to full-fledged seizure.